



Follow Us & Like Us



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	*Mini Maple Pancakes	Breakfast Pizza	Sausage Biscuit	*Blueberry Muffin
	Char-Meck-A-Nator Mini Cheese Ravioli w/Breadstick Berry Fresh Chicken Salad Glazed Sweet Carrots Baked Potato Wedges Variety of Salads and Fruits	*Mac & Cheese w/Roll Pork Street Tacos *Yogurt, Double Berry & Granola Parfait Sweet Kernel Corn Seasoned Pinto Beans Variety of Salads and Fruits	Carolina Dog w/wo Chili BBQ or Roasted Chicken w/Roll Chicken Caesar Salad Sweet Potato Soufflé Fresh Steamed Collard Greens Variety of Salads and Fruits Farm2 School: Strawberries	Fish Sandwich Meatballs w/Gravy & Roll Chef Salad Mashed Potatoes Brown Sugar Baked Beans Variety of Salads and Fruits
Chicken Biscuit	*Mini Blueberry Waffles	Pancake Sausage Stick	Steak Sandwich	*Chocolate Chip Muffin
*Cheese or Pepperoni Pizza Sweet & Spicy Chicken w/Pineapple Fried Rice & Roll Chicken Caesar Salad Sweet Kernel Corn Stir-Fry Vegetables Variety of Salads and Fruits	Chicken Nuggets w/Breadstick Rotini w/Meat Sauce & Breadstick Chef Salad California Blend Baked Potato Wedges Variety of Salads and Fruits	*Cheese Dippers w/wo Marinara Teriyaki Beef w/Rice & Roll *Yogurt, Berries & Granola Parfait Mashed Potatoes Fresh Steamed Broccoli Variety of Salads and Fruits	Cheeseburger or Hamburger BBQ or Roasted Chicken w/Roll Berry Fresh Chicken Salad Sweet Glazed Carrots Fresh Steamed Collard Greens Variety of Salads and Fruits Farm2 School: Strawberries	Fish Filet w/Hushpuppies Beef & *Queso Nachos Chicken Caesar Salad Seasoned Green Beans Fiesta Black Beans Variety of Salads and Fruits
Sausage & Cheese Bagel	*Banana Bread	*French Toast	Pancake Sausage Stick	*Cinnamon Mini Loaf
Chicken & Cheese Quesadilla Thai Sweet Chili Chicken w/LoMein & Roll Chef Salad Seasoned Pinto Beans Fresh Steamed Broccoli Variety of Salads and Fruits	Chicken Sandwich Salisbury Steak w/Roll Chicken Caesar Salad Mashed Potatoes California Blend Variety of Salads and Fruits	*Cheese Dippers w/wo Marinara Manager's Choice Entree *Yogurt, Peach & Granola Parfait Baked Potato Wedges Fresh Steamed Spinach Variety of Salads and Fruits	BBQ Meatballs w/Rice & Roll Manager's Choice Entree Berry Fresh Chicken Salad Brown Sugar Baked Beans Fresh Steamed Collard Greens Variety of Salads and Fruits Farm2School: Strawberries	Chopped Chicken BBQ Sandwich Breakfast 4 Lunch: *French Toast Sticks & *Cheese Omelet Chicken Caesar Salad Roasted Sweet Potatoes Sweet Kernel Corn Variety of Salads and Fruits
<b>Beginning May 16, Manager's Choice items will be added for Entrées, Chef Salads, &amp; Veggies</b>				
Turkey Ham & Cheese Slider	*Mini Maple Pancakes	Breakfast Pizza	Sausage Biscuit	*Blueberry Muffin
*Cheese or Pepperoni Pizza Sweet & Spicy Chicken w/Rice & Roll Chicken Caesar Salad Sweet Glazed Carrots Seasoned Green Beans Variety of Salads and Fruits	Char-Meck-A-Nator Manager's Choice Entree Berry Fresh Chicken Salad Fresh Steamed Broccoli Baked Potato Wedges Variety of Salads and Fruits	*Mac & Cheese w/Roll Manager's Choice Entree *Yogurt, Double Berry & Granola Parfait Brown Sugar Baked Beans Fresh Steamed Spinach Variety of Salads and Fruits	Corn Dog Korean BBQ Beef w/Roll Chicken Caesar Salad Stir-Fry Veggies Mashed Potatoes Variety of Salads and Fruits	Chicken & *Queso Nachos Manager's Choice Entree Chef Salad Sweet Kernel Corn Seasoned Pinto Beans Variety of Salads and Fruits
 <p>No School</p>	*Mini Blueberry Waffles	Pancake Sausage Stick	Steak Sandwich	
	*Cheese or Pepperoni Pizza Manager's Choice Entree Chef Salad Mashed Potatoes California Blend Variety of Salads and Fruits	Deli Sandwich Manager's Choice Entree *Yogurt, Berries & Granola Parfait Fresh Steamed Broccoli Manager's Choice Veggie Variety of Salads and Fruits	Hamburger or Cheeseburger Manager's Choice Entree Berry Fresh Chicken Salad Fresh Steamed Collard Greens Brown Sugar Baked Beans Variety of Salads and Fruits	

Daily Breakfast Offerings Included:  
 Cereal w/String Cheese, Crunchmanila,  
 Nutri-Grain Bar w/String Cheese.

Daily Lunch Offerings Included:  
 Yogurt with String Cheese (Vegetarian)  
 Hummus (Vegan)

All students in non-CEP schools must have an approved meal application, cash or money on account to make meal purchases. Procedures are in place for students who do not have money to receive a complete meal. The price of the meal is charged to student's account. Parents will be notified of balances due and are responsible for payment.

Visit [www.cms.k12.nc.us/cmsdepartments/cns](http://www.cms.k12.nc.us/cmsdepartments/cns) for Meal Pricing, Nutrition, and Allergen Information.  
 Use [www.paypams.com](http://www.paypams.com) for prepayment &

\*Indicates vegetarian entrée for Breakfast and Lunch. CMS School Nutrition Services is an equal opportunity provider. Menu is subject to change without prior notice.



Follow Us & Like Us



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	*Mini Maple Pancakes	Breakfast Pizza	*Cereal	*Blueberry Muffin
	*Mini Cheese Ravioli w/Breadstick Glazed Sweet Carrots Applesauce	*Mac & Cheese w/Roll Sweet Kernel Corn Fresh Watermelon	BBQ or Roasted Chicken w/Roll Fresh Steamed Collard Greens Farm2School: Strawberries 	Meatballs w/Gray & Roll Mashed Potatoes Pineapple Tidbits
Chicken Biscuit	*Mini Blueberry Waffles	*Crunchmania Breakfast Bites	*Cereal	*Chocolate Chip Muffin
Sweet & Spicy Chicken w/Pineapple Fried Rice Sweet Kernel Corn Fresh Apple Slices	Chicken Nuggets w/Breadstick Baked Potato Wedges Pineapple Tidbits	*Cheese Dippers w/wo Marinara Fresh Steamed Broccoli Fresh Watermelon	Cheeseburger Sweet Glazed Carrots Farm2School: Strawberries 	Beef & *Queso Nachos Fiesta Black Beans Fresh Apple Slices
Sausage & Cheese Bagel	*Banana Bread	*French Toast	*Cereal	*Crunchmania Breakfast Bites
Chicken & Cheese Quesadilla Seasoned Pinto Beans Mandarin Oranges	Chicken Filet Sandwich Mashed Potatoes Blueberry Parfait	*Cheese Dipper w/wo Marinara Baked Potato Wedges Fresh Cantaloupe	BBQ Meatballs w/Roll Brown Sugar Baked Beans Farm2School: Strawberries 	Breakfast 4 Lunch: *French Toast Sticks & *Cheese Omelet Roasted Sweet Potatoes Applesauce
Turkey Ham & Cheese Slider	*Mini Maple Pancakes	Breakfast Pizza	*Cereal	*Blueberry Muffin
*Cheese or Pepperoni Pizza Seasoned Green Beans Mandarin Oranges	Char-Meck-A-Nator Baked Potato Wedges Strawberry Parfait	*Mac & Cheese w/Roll Brown Sugar Baked Beans Fresh Watermelon	*Yogurt Bag Mashed Potatoes Strawberry Cup	Chicken & *Queso Nachos Sweet Kernel Corn Diced Pears
 <b>SALUTING THE VETERANS MEMORIAL DAY</b> <b>No School</b>	*Mini Blueberry Waffles	*Crunchmania Breakfast Bites	*Cereal	
	*Cheese or Pepperoni Pizza California Blend Pineapple Tidbits	Deli Sandwich Fresh Steamed Broccoli Fresh Watermelon	Hamburger or Cheeseburger Fresh Steamed Collard Greens Blueberry Parfait	

Daily Breakfast Offerings Included: Cereal w/String Cheese, Crunchmania, Nutri-Grain Bar w/String Cheese.	Daily Lunch Offerings Included: Yogurt with String Cheese (Vegetarian) Hummus (Vegan)	All students in non-CEP schools must have an approved meal application, cash or money on account to make meal purchases. Procedures are in place for students who do not have money to receive a complete meal. The price of the meal is charged to student's account. Parents will be notified of balances due and are responsible for payment.	Visit <a href="http://www.cms.k12.nc.us/cmsdepartments/cns">www.cms.k12.nc.us/cmsdepartments/cns</a> for Meal Pricing, Nutrition, and Allergen Information. Use <a href="http://www.paypams.com">www.paypams.com</a> for prepayment &
---	---	--	--

\*Indicates vegetarian entrée for Breakfast and Lunch. CMS School Nutrition Services is an equal opportunity provider. Menu is subject to change without prior notice.

# High School Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	*Mini Maple Pancakes	Breakfast Pizza	Sausage Biscuit	*Blueberry Muffin
	Premium Chicken Tenders w/Breadstick Manager's Choice Entrée Chicken Caesar Salad <i>Baked Potato Wedges</i> <i>Cali-Blend w/Cheese</i> <i>Variety of Salads and Fruits</i>	Beef & *Queso Nachos Premium Pizza: *Cheese or Pepperoni *Spinach Dip w/Tortilla Chips <i>Seasoned Pinto Beans</i> <i>Sweet Kernel Corn</i> <i>Variety of Salads and Fruits</i>	Chicken Sandwich: Regular or Spicy Pork Street Tacos Entrée Salad <i>Mashed Potatoes</i> <i>Fresh Steamed Collard Greens</i> <i>Variety of Salads and Fruits</i> Farm2School: <i>Fresh Strawberries</i>	*Cheese Dippers w/wo Marinara Korean BBQ Beef w/Rice *Yogurt, Fruit & Granola <i>Stir-Fry Veggies</i> <i>Seasoned Potato Spirals</i> <i>Variety of Salads and Fruits</i>
Chicken Biscuit	*Mini Blueberry Waffles	Pancake Sausage Stick	Steak Sandwich	*Chocolate Chip Muffin
Cheeseburger or Hamburger Sweet & Spicy Chicken w/Pineapple Fried Rice Meateaters Pizza <i>Sweet Potato Fries</i> <i>Stir-Fry Veggies</i> <i>Variety of Salads and Fruits</i>	Premium Chicken Tenders w/Breadstick Manager's Choice Entrée Chicken Caesar Salad <i>Baked Potato Wedges</i> <i>Fresh Steamed Broccoli</i> <i>Variety of Salads and Fruits</i>	Beef & *Queso Nachos Premium Pizza: *Cheese or Pepperoni *Yogurt, Fruit & Granola Parfait <i>Sweet Kernel Corn</i> <i>Fiesta Black Beans</i> <i>Variety of Salads and Fruits</i>	Chicken Sandwich: Regular or Spicy BBQ Meatballs w/Roll Entrée Salad <i>Brown Sugar Baked Beans</i> <i>Mashed Potatoes</i> <i>Variety of Salads and Fruits</i> Farm2School: <i>Fresh Strawberries</i>	*Cheese Dippers w/wo Marinara Manager's Choice Entrée *Yogurt, Fruit & Granola Parfait <i>Seasoned Baked Fries</i> <i>Manager's Choice Veggie</i> <i>Variety of Salads and Fruits</i>
Sausage & Cheese Bagel	Manager's Choice	*French Toast	Pancake Sausage Stick	*Cinnamon Mini Loaf
Cheeseburger or Hamburger Thai Sweet Chili Chicken w/Fried Rice Premium Pizza: *Cheese or Pepperoni <i>Glazed Sweet Carrots</i> <i>Manager's Choice Veggie</i> <i>Variety of Salads and Fruits</i>	Premium Chicken Bites w/Breadstick Manager's Choice Entrée Entrée Salad <i>Baked Potato Wedges</i> <i>Manager's Choice Veggie</i> <i>Variety of Salads and Fruits</i>	Chicken & *Queso Nachos Supreme Pizza *Yogurt, Fruit & Granola Parfait <i>Sweet Kernel Corn</i> <i>Fiesta Black Beans</i> <i>Variety of Salads and Fruits</i>	Chicken Sandwich: Regular or Spicy Hot Dog or Corn Dog Entrée Salad <i>Brown Sugar Baked Beans</i> <i>Sweet Potato Fries</i> <i>Variety of Salads and Fruits</i> Farm2School: <i>Fresh Strawberries</i>	*Cheese Dippers w/wo Marinara Manager's Choice Entrée *Yogurt, Fruit & Granola Parfait <i>Seasoned Green Beans</i> <i>Seasoned Baked Fries</i> <i>Variety of Salads and Fruits</i>
Turkey Ham & Cheese Slider	*Mini Maple Pancakes	Breakfast Pizza	Sausage Biscuit	*Blueberry Muffin
Cheeseburger or Hamburger Meateaters Pizza Manager's Choice Entrée <i>Fresh Steamed Broccoli</i> <i>Brown Sugar Baked Beans</i> <i>Variety of Salads and Fruits</i>	Premium Chicken Tenders w/Breadstick Manager's Choice Entrée Entrée Salad <i>Cali-Blend w/Cheese</i> <i>Baked Potato Wedges</i> <i>Variety of Salads and Fruits</i>	Beef & *Queso Nachos Manager's Choice Entrée *Yogurt, Fruit & Granola Parfait *Spinach Dip w/Tortilla Chips <i>Seasoned Pinto Beans</i> <i>Seasoned Potato Spirals</i> <i>Variety of Salads and Fruits</i>	Chicken Sandwich: Regular or Spicy Manager's Choice Entrée Entrée Salad <i>Mashed Potatoes</i> <i>Fresh Steamed Collard Greens</i> <i>Variety of Salads and Fruits</i>	*Cheese Dippers w/wo Marinara Manager's Choice Entrée *Yogurt, Fruit & Granola Parfait <i>Sweet Potato Fries</i> <i>Manager's Choice Veggie</i> <i>Variety of Salads and Fruits</i>
 <b>Saluting the Veterans Memorial Day</b> <b>No School</b>	*Mini Blueberry Waffles	Pancake Sausage Stick	Steak Sandwich	<b>Beginning May 1st, Manager's Choice items will be added for Entrées, Chef Salads, &amp; Veggies.</b>
	Premium Chicken Tenders w/Breadstick Manager's Choice Entrée Entrée Salad <i>Fresh Steamed Broccoli</i> <i>Baked Potato Wedges</i> <i>Variety of Salads and Fruits</i>	Premium Pizza: *Cheese or Pepperoni Manager's Choice Entrée *Yogurt, Fruit & Granola Parfait <i>Sweet Kernel Corn</i> <i>Fiesta Black Beans</i> <i>Variety of Salads and Fruits</i>	Chicken Sandwich: Regular or Spicy Manager's Choice Entrée Entrée Salad <i>Mashed Potatoes</i> <i>Manager's Choice Veggie</i> <i>Variety of Salads and Fruits</i>	

Daily Breakfast Offerings Included:  
Cereal w/String Cheese, Crunchmania,  
Nutri-Grain Bar w/String Cheese.

Daily Lunch Offerings Included:  
Yogurt with String Cheese (Vegetarian)  
Hummus (Vegan)


All students in non-CEP schools must have an approved meal application, cash or money on account to make meal purchases. High School students are not allowed to go into the negative to purchase any food item.

Visit [www.cms.k12.nc.us/cmsdepartments/cms](http://www.cms.k12.nc.us/cmsdepartments/cms) for Meal Pricing, Nutrition, and Allergen Information.  
Use [www.paypams.com](http://www.paypams.com) for prepayment &



Follow Us  
& Like Us



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Premium Chicken Tenders w/Breadstick <i>Baked Potato Wedges</i> <i>Cali-Blend w/Cheese</i> <i>Fresh Grapes</i> 100% Fruit Juice	Beef & *Queso Nachos <i>Sweet Kernel Corn</i> <i>Seasoned Pinto Beans</i> <i>Fresh Watermelon</i> 100% Fruit Juice	Chicken Sandwich: Regular or Spicy <i>Mashed Potatoes</i> <i>Baby Carrots w/Ranch Dip</i> <i>Peach Cup</i> 100% Fruit Juice	*Cheese Dippers w/wo Marinara <i>Seasoned Potato Spirals</i> <i>Baby Carrots w/Ranch Dip</i> <i>Strawberry Cup</i> 100% Fruit Juice
Sweet & Spicy Chicken w/Pineapple Fried Rice <i>Sweet Potato Fries</i> <i>Caesar Side Salad</i> <i>Fresh Grapes</i> 100% Fruit Juice	Premium Chicken Tenders w/Breadstick <i>Baked Potato Wedges</i> <i>Veggie Bites w/Ranch Dip</i> <i>Fresh Orange Wedges</i> 100% Fruit Juice	Premium Pizza: *Cheese or Pepperoni <i>Sweet Kernel Corn</i> <i>Baby Carrots w/Ranch Dip</i> <i>Mandarin Oranges</i> 100% Fruit Juice	BBQ Meatballs w/Roll <i>Brown Sugar Baked Beans</i> <i>Mashed Potatoes</i> <i>Farm2School:</i> <i>Fresh Strawberries</i> 100% Fruit Juice	*Cheese Dippers w/wo Marinara <i>Baked Seasoned Fries</i> <i>Baby Carrots w/Ranch Dip</i> <i>Applesauce</i> 100% Fruit Juice
Thai Sweet Chili Chicken w/Fried Rice <i>Seasoned Potato Spirals</i> <i>Baby Carrots w/Ranch Dip</i> <i>Mandarin Oranges</i> 100% Fruit Juice	Premium Chicken Bites w/Breadstick <i>Baked Potato Wedges</i> <i>Caesar Side Salad</i> <i>Strawberry Parfait</i> 100% Fruit Juice	Supreme Pizza <i>Sweet Kernel Corn</i> <i>Baby Carrots w/Ranch Dip</i> <i>Fresh Cantaloupe</i> 100% Fruit Juice	Chicken Sandwich: Regular or Spicy <i>Brown Sugar Baked Beans</i> <i>Sweet Potato Fries</i> <i>Fresh Grapes</i> 100% Fruit Juice	*Cheese Dippers w/wo Marinara <i>Baked Seasoned Fries</i> <i>Seasoned Green Beans</i> <i>Applesauce</i> 100% Fruit Juice
Cheeseburger or Hamburger <i>Fresh Steamed Broccoli</i> <i>Baby Carrots w/Ranch Dip</i> <i>Fresh Apple Slices</i> 100% Fruit Juice	Premium Chicken Tenders w/Breadstick <i>Cali-Blend w/Cheese</i> <i>Baked Potato Wedges</i> <i>Blueberry Parfait</i> 100% Fruit Juice	Beef & *Queso Nachos <i>Seasoned Pinto Beans</i> <i>Caesar Side Salad</i> <i>Fresh Watermelon</i> 100% Fruit Juice	Chicken Sandwich: Regular or Spicy <i>Mashed Potatoes</i> <i>Baby Carrots w/Ranch Dip</i> <i>Strawberry Cup</i> 100% Fruit Juice	*Cheese Dippers w/wo Marinara <i>Sweet Potato Fries</i> <i>Veggie Bites w/Ranch Dip</i> <i>Fresh Orange</i> 100% Fruit Juice



**SALUTING THE VETERANS  
MEMORIAL DAY**

**Holiday - Monday May 28th**

Off Campus Schedules  
No Classes May 29 - June 6, 2018  
Have a great Summer Break!



Available upon Request:  
Yogurt with String Cheese (Vegetarian)  
Hummus (Vegan)

All students in non-CEP schools must have an approved meal application, cash or money on account to make meal purchases. High School students are not allowed to go into the negative to purchase any food item.

Visit [www.cms.k12.nc.us/cmsdepartments/cns](http://www.cms.k12.nc.us/cmsdepartments/cns) for Meal Pricing, Nutrition, and Allergen Information.  
Use [www.paypams.com](http://www.paypams.com) for prepayment &

\*Indicates vegetarian entrée for Breakfast and Lunch. CMS School Nutrition Services is an equal opportunity provider. Menu is subject to change without prior notice.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	*Cereal w/String Cheese	*Crunchmania Breakfast Bites	*Cereal w/String Cheese	*Mini Blueberry Waffles
	Premium Chicken Tenders w/Breadstick Baked Potato Wedges Cali-Blend w/Cheese Fresh Grapes 100% Fruit Juice	Beef & *Queso Nachos Sweet Kernel Corn Seasoned Pinto Beans Fresh Watermelon 100% Fruit Juice	Chicken Sandwich: Regular or Spicy Mashed Potatoes Baby Carrots w/Ranch Dip Peach Cup 100% Fruit Juice	*Cheese Dippers w/wo Marinara Seasoned Potato Spirals Baby Carrots w/Ranch Dip Strawberry Cup 100% Fruit Juice
*Nutri-Grain Bar w/String Cheese	*Cereal w/String Cheese	*Crunchmania Breakfast Bites	*Cereal w/String Cheese	*Chocolate Chip Muffin
Sweet & Spicy Chicken w/Pineapple Fried Rice Sweet Potato Fries Caesar Side Salad Fresh Grapes 100% Fruit Juice	Premium Chicken Tenders w/Breadstick Baked Potato Wedges Veggie Bites w/Ranch Dip Fresh Orange Wedges 100% Fruit Juice	Premium Pizza: *Cheese or Pepperoni Sweet Kernel Corn Baby Carrots w/Ranch Dip Mandarin Oranges 100% Fruit Juice	BBQ Meatballs w/Roll Brown Sugar Baked Beans Mashed Potatoes Farm2School: Fresh Strawberries 100% Fruit Juice	*Cheese Dippers w/wo Marinara Baked Seasoned Fries Baby Carrots w/Ranch Dip Applesauce 100% Fruit Juice
*Crunchmania Breakfast Bites	*Cereal w/String Cheese	*Nutri-Grain Bar w/String Cheese	*Cereal w/String Cheese	*Cinnamon Mini Loaf
Thai Sweet Chili Chicken w/Fried Rice Seasoned Potato Spirals Baby Carrots w/Ranch Dip Mandarin Oranges 100% Fruit Juice	Premium Chicken Bites w/Breadstick Baked Potato Wedges Caesar Side Salad Strawberry Parfait 100% Fruit Juice	Supreme Pizza Sweet Kernel Corn Baby Carrots w/Ranch Dip Fresh Cantaloupe 100% Fruit Juice	Chicken Sandwich: Regular or Spicy Brown Sugar Baked Beans Sweet Potato Fries Fresh Grapes 100% Fruit Juice	*Cheese Dippers w/wo Marinara Baked Seasoned Fries Seasoned Green Beans Applesauce 100% Fruit Juice
*Nutri-Grain Bar w/String Cheese	*Cereal w/String Cheese	*Crunchmania Breakfast Bites	*Cereal w/String Cheese	*Blueberry Muffin
Cheeseburger or Hamburger Fresh Steamed Broccoli Baby Carrots w/Ranch Dip Fresh Apple Slices 100% Fruit Juice	Premium Chicken Tenders w/Breadstick Cali-Blend w/Cheese Baked Potato Wedges Blueberry Parfait 100% Fruit Juice	Beef & *Queso Nachos Seasoned Pinto Beans Caesar Side Salad Fresh Watermelon 100% Fruit Juice	Chicken Sandwich: Regular or Spicy Mashed Potatoes Baby Carrots w/Ranch Dip Strawberry Cup 100% Fruit Juice	*Cheese Dippers w/wo Marinara Sweet Potato Fries Veggie Bites w/Ranch Dip Fresh Orange 100% Fruit Juice



**Holiday - Monday May 28th**

Off Campus Schedules  
 No Classes May 29 - June 6, 2018  
 Have a great Summer Break!



Available upon Request:  
 Yogurt with String Cheese (Vegetarian)  
 Hummus (Vegan)

All students in non-CEP schools must have an approved meal application, cash or money on account to make meal purchases. High School students are not allowed to go into the negative to purchase any food item.

Visit [www.cms.k12.nc.us/cmsdepartments/cns](http://www.cms.k12.nc.us/cmsdepartments/cns) for Meal Pricing, Nutrition, and Allergen Information.  
 Use [www.paypams.com](http://www.paypams.com) for prepayment &

\*Indicates vegetarian entrée for Breakfast and Lunch. CMS School Nutrition Services is an equal opportunity provider. Menu is subject to change without prior notice.