

## August 2019 Breakfast and Lunch Menu



PUBLIC SCHOOLS	Breakfast and Lunch Menu School AUTRITIO			
Monday	Tuesday	Wednesday	Thursday	Friday
NEW Prices Student Lunch \$2.90 Student Brkfast \$1.75	All Combo Meals include Milk and/or Juice	OFFERED DAILY 3) Yogurt Pack 4) PB&J Pack	Breakfast 1  1) French Toast Sticks, Scrambled Eggs, Sausage Links	Breakfast 2 1) Breakfast Power Donut, Turkey Bacon, Warm Spiced Apples
Adult Lunch \$3.25 Adult Brkfast \$2.25 Milk/Juice Carton \$0.75 Water Bottle \$1.00	The Policy for Forgotten Lunch:  When a child forgets lunch money, he/she will receive a cheese sandwich, fruit, milk, & juice.	GPS is an equal opportunity provider & employer.	Lunch  1) Bean & Cheese Burrito, Fiesta Rice, Golden Sweet Corn 2) Taco Salad	Lunch 1) Hamburger, Crispy Tater Tots, Jell-O (Optional Toppings: Lettuce, Tomato, Pickles) 2) Turkey BLT Wrap
Breakfast 5 1) Breakfast Pizza Slice, Mixed Fruit  Lunch 1) Teriyaki Chicken, Brown Rice, Steamed Mixed Vegetables, Fortune Cookie 2) Protein Power	Breakfast 6 1) Bacon Egg & Cheese Biscuit, Hashbrown Triangle  Lunch 1) Stuffed Crust Sticks with Marinara Sauce, Steamed Carrots 2) Crispy Chicken	Breakfast 7 1) Homemade Pancakes, Sausage  Lunch 1) Macaroni & Cheese, Buttermilk Biscuit, Steamed Green Beans 2) Ham & Cheese	Breakfast 8 1) Cheesy Scrambled Eggs, Hashbrown, Turkey Bacon, Toast Lunch 1) Beef Nacho Supreme, (Optional Toppings: Lettuce, Sour Cream, Salsa) Refried Beans 2) Bacon, Egg, and	Breakfast 9 1) Fresh Cinnamon Roll, Sausage Patty, Warm Peaches  Lunch 1) Chicken Sandwich, Potato Wedges, Steamed Peas & Carrots, Jell-O
Pack w/ Peanut Butter  Breakfast 12 1) Hand-Wrapped Breakfast Burrito, Mild Salsa	Strips Salad  Breakfast 13 1) Sausage, Egg & Cheese Biscuit, Hashbrown Triangle	Sandwich  Breakfast 1) Dutch Waffle, Mixed Berries, Turkey Bacon	Cheese Salad  Breakfast 1) French Toast Sticks, Scrambled Eggs, Sausage Links	2)Spicy Chicken Wrap <u>Breakfast</u> 16 1) Breakfast Power Donut, Turkey Bacon, Warm Spiced Apples
Lunch 1) French Toast Sticks, Scrambled Eggs, Turkey Bacon 2) Protein Power Pack w/ Peanut Butter	Lunch 1) Oven Baked Pizza, (Cheese or Pepperoni) Mixed Fruit Salad 2) Chef Salad	Lunch 1) Soft Super Pretzel with Cheddar Sauce for dipping, Steamed Broccoli 2) Turkey & Cheese Sandwich	Lunch 1) Chicken & Cheese Taquito, Refried Beans, Fiesta Corn 2) Taco Salad	Lunch 1) Cheeseburger, Seasoned Curly French Fries, Jell-O (Optional Toppings: Lettuce, Tomato, Pickles) 2) Turkey BLT Wrap
Breakfast 19 1) Breakfast Pizza Slice, Mixed Fruit  Lunch 1) Orange Chicken, Brown Rice, Steamed Mixed Vegetables, Fortune Cookie 2) Protein Power Pack w/ Peanut Butter	Breakfast 20 1) Bacon Egg & Cheese Biscuit, Hashbrown Triangle Lunch 1) Penne Pasta with Meat Sauce, Garlic Breadstick, Steamed Green Beans 2) Crispy Chicken Strips Salad	Breakfast 21 1) Homemade Pancakes, Sausage  Lunch 1) Chicken Nuggets, Mashed Potatoes, Gravy, Homemade Dinner Roll 2) Ham & Cheese Sandwich	Breakfast 22 1) Cheesy Scrambled Eggs, Hashbrown, Turkey Bacon, Toast Lunch 1) Beef Nacho Supreme, (Optional Toppings: Lettuce, Sour Cream, Salsa) Refried Beans 2) Bacon, Egg, and Cheese Salad	Breakfast 23 1) Fresh Cinnamon Roll, Sausage Patty, Warm Peaches  Lunch 1) 100% Beef Hot Dog, Baked French Fries, Baked Beans 2)Spicy Chicken Wrap
Breakfast 26 1) Hand-Wrapped Breakfast Burrito, Mild Salsa  Lunch 1) Chicken & Waffles, Warm Cinnamon Apples 2) Protein Power Pack w/ Peanut Butter	Breakfast 27 1) Sausage, Egg & Cheese Biscuit, Hashbrown Triangle  Lunch 1) Oven Baked Pizza, (Cheese or Pepperoni) Mixed Fruit Salad 2) Chef Salad	Breakfast 28 1)Chocolate Croissant, Yogurt Parfait  Lunch 1) Chicken Drumstick, Mashed Potatoes, Homemade Dinner Roll, Corn 2) Turkey & Cheese Sandwich	Breakfast 29 1) French Toast Sticks, Scrambled Eggs, Sausage Patty  Lunch 1)Cheese Quesadilla, Refried Beans, Fiesta Rice 2) Taco Salad	Breakfast 30 1) Breakfast Power Donut, Turkey Bacon, Warm Spiced Apples  Lunch 1) Corn Dog, Crispy Tater Tots, Fruited Gelatin 2) Turkey BLT Wrap