



DAILY OPTIONS: 1. Main Entrée

2. *Hot Alternate*

3. *Salad or Platter*

4. Sandwich or Pack

5. *PBJ Uncrustable* (available daily) 

WEST SHORE PRIMARY &
INTERMEDIATE LUNCH

October 2025

Paid Lunch
\$3.50

A Program meal must include food from at least 3 food groups.
1 item must be ½ cup of vegetables, ½ cup of fresh fruit, or
100% fruit juice to follow USDA guidelines for the NSLP

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Milk Options: 1% Low-fat Milk, Fat-Free Chocolate or Strawberry Milk
A variety of assorted fresh fruit and 100% fruit juices are available daily

(v) = lacto-ovo vegetarian
may contain milk and/or eggs
(P) = contains Pork

Chicken Dumplings w/ Egg Fried Rice ¹

Cheeseburger
Fresh Apple, Yogurt & Cheese Stick Plate (v)
Turkey & Cheese Sub
Seasoned Peas & Carrots
Choice of Fruit and Milk

Waffles w/ Turkey Sausage Patties ²

Cheeseburger
Fresh Apple, Yogurt & Cheese Stick Plate (v)
Turkey & Cheese Sub
Fresh Celery Sticks
Choice of Fruit and Milk

Plain (v) or Pepperoni Pizza Wedge ³

Cheeseburger
Fresh Apple, Yogurt & Cheese Stick Plate (v)
Turkey & Cheese Sub
Spinach Side Salad
Choice of Fruit and Milk

Mini Chicken Corn Dog's w/ Mac n Cheese ⁶

Chicken Tenders
Chicken & Cheese Salad
Pretzel Yogurt Pack (v)
Fresh Red Pepper Strips
Choice of Fruit and Milk

Beef & Cheese (v) Nachos ⁷

Chicken Tenders
Chicken & Cheese Salad
Pretzel Yogurt Pack (v)
Refried Beans & Street Corn
Choice of Fruit and Milk

Popcorn Chicken Mashed Potato Bowl w/ Roll ⁸

Chicken Tenders
Chicken & Cheese Salad
Pretzel Yogurt Pack (v)
Fresh Broccoli
Choice of Fruit and Milk

Buffalo Cheese Pizza Sticks (v) ⁹

Chicken Tenders
Chicken & Cheese Salad
Pretzel Yogurt Pack (v)
Tater Tots
Choice of Fruit and Milk

REMOTE LEARNING ¹⁰

SCHOOL CLOSED ¹³

Soft Beef & Bean (v) Tacos ¹⁴

Turkey Hot Dog
Vegetable Baja Salad (v)
MYO Pizza Bagel Bento Box (v)
Black Beans
Choice of Fruit and Milk

Honey Stung Popcorn Chicken w/ WG Biscuit ¹⁵

Turkey Hot Dog
Vegetable Baja Chef Salad (v)
MYO Pizza Bagel Bento Box (v)
Baked French Fries
Choice of Fruit and Milk

Mini Maple Pancakes w/ Cheese Omelet (v) ¹⁶

Turkey Hot Dog
Vegetable Baja Salad (v)
MYO Pizza Bagel Bento Box (v)
Tater Tots
Choice of Fruit and Milk

Plain (v) or Pepperoni Pizza Wedge ¹⁷

Turkey Hot Dog
Vegetable Baja Salad (v)
MYO Pizza Bagel Bento Box (v)
Fresh Red Pepper Strips
Choice of Fruit and Milk

Chicken & Lo Mein Noodles ²⁰

Grilled Cheese (v)
Chef Salad
Bologna & Cheese Sandwich
Fresh Broccoli
Choice of Fruit and Milk

West Shore Chicken Patty Sandwich w/ Special Sauce & Pickles ²¹

Grilled Cheese (v)
Chef Salad
Bologna & Cheese Sandwich
Waffle Fries
Choice of Fruit and Milk

Spaghetti & Meatballs ²²

Grilled Cheese (v)
Chef Salad
Bologna & Cheese Sandwich
Seasoned Peas & Carrots
Choice of Fruit and Milk

French Toast Sticks & Turkey Sausage Patties ²³

Grilled Cheese (v)
Chef Salad
Bologna & Cheese Sandwich
Fresh Cucumbers
Choice of Fruit and Milk

Plain (v) or Pepperoni Pizza Wedge ²⁴

Grilled Cheese (v)
Chef Salad
Bologna & Cheese Sandwich
Side Romaine Bowl
Choice of Fruit and Milk

Breaded Fish Bites w/ WG Cheez-It Crackers ²⁷

Corn Dog
Romaine Salad w/ Cheese (v)
Turkey & Cheese Sub
Fresh Red Pepper Strips
Choice of Fruit and Milk

Nacho Cheese Walking Tacos ²⁸

Corn Dog
Romaine Salad w/ Cheese (v)
Turkey & Cheese Sub
Kickin' Pinto Beans
Choice of Fruit and Milk

Chicken Tenders w/ Garlic Knots & Pizza Ranch Dipping Sauce ²⁹

Corn Dog
Romaine Salad w/ Cheese (v)
Turkey & Cheese Sub
Crispy Celery Sticks
Choice of Fruit and Milk

Bacon Cheeseburger ³⁰

Corn Dog
Romaine Salad w/ Cheese (v)
Turkey & Cheese Sub
Bakes French Fries
Choice of Fruit and Milk

SCHOOL CLOSED ³¹